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#1 New York Times Bestseller Over 1 million copies sold In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better, happier people. For decades, we've been told that positive thinking is the key to a happy, rich life. "F\*\*k positivity," Mark Manson says. "Let's be honest, shit is f\*\*ked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugarcoat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. The Subtle Art of Not Giving a F\*\*k is his antidote to the coddling, let's-all-feel-good mindset that has infected American society and spoiled a generation, rewarding them with gold medals just for showing up. Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited—"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and

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accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f\*\*k about so we need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, *The Subtle Art of Not Giving a F\*\*k* is a refreshing slap for a generation to help them lead contented, grounded lives.

El Sutil Arte de No Importarle Un Carajo: un enfoque contraintuitivo para vivir una buena vida por Mark Manson. Muchos de nosotros somos bombardeados por los estándares de la sociedad, diciéndonos quiénes debemos ser y cómo debemos ser. El Sutil Arte de No Importarle Un Carajo nos enseña cómo dejar de lado las cosas que no nos definen ni nos importan, y solo importarnos las cosas que realmente importan, lo que nos hará felices a largo plazo. El Sutil Arte de no Importarle Un Carajo: un enfoque contraintuitivo para vivir una buena vida por Mark Manson | Resumen del libro | Readtrepreneur (Descarga de responsabilidad: este NO es el libro original, sino un resumen no oficial). Muchos de nosotros somos bombardeados por los estándares de la sociedad, diciéndonos quiénes debemos ser y cómo debemos ser. El Sutil Arte de No Importarle Un Carajo nos enseña cómo dejar de lado las cosas que no nos definen ni nos importan, y solo importarnos las cosas que realmente importan, lo que nos hará felices a largo plazo. (Nota: Este resumen está escrito y publicado en su totalidad por Readtrepreneur. No está afiliado con el autor original de ninguna manera) "La madurez es lo que sucede cuando uno aprende a dar importancia a lo que es realmente importante." - Mark Manson Muchas veces, dudamos en rechazar las solicitudes de los demás y, a menudo, terminamos en una situación en la que nunca quisimos estar en primer lugar, ayudando a otras personas a expensas de nosotros mismos. El Sutil Arte de no Importarle Un Carajo nos recuerda que todos tenemos opciones, y debemos elegir lo que nos interesa. La muerte es inevitable y nuestro tiempo en la tierra es limitado. Elegimos cómo queremos gastarlo; en cosas importantes o no importantes? PD ¡Obtenga una perspectiva totalmente única de la vida a medida que aprende a vivir una vida plena que disfrutará! ¡Se acabó el tiempo para pensar! ¡Hora de actuar! Desplácese hacia arriba ahora y haga clic en el botón "Comprar ahora con 1 clic" para descargar su copia de inmediato. ¿Por qué elegirnos, readtrepreneur? \* Resúmenes de la más alta calidad \* Ofrece un conocimiento asombroso \* Refrescante impresionante \* Exención de responsabilidad clara y concisa una vez más: este libro está destinado a una gran compañía del libro original o simplemente para obtener la esencia del libro original.

A compilation of words written over coffee cups around Madrid's coffee shops. A written and visual

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journey about a year of creation, destruction and introspection. Maybe you found it, maybe it found you. I hope you understand these words. But more so, I hope you feel understood by them.

Synopsis coming soon.....

«Un viaje a través de la industria de la locura» Elegido Libro del Año 2011 por Amazon, Publisher's Weekly, Hudson Bookseller y Goodreads. Un grupo de neurólogos recibe un correo tan desconcertante que decide contactar con el periodista Jon Ronson: se trata de la historia de un preso que, supuestamente, fingió una enfermedad mental para obtener una sentencia más leve, pero que sigue ingresado en un penal psiquiátrico porque ningún médico cree que esté cuerdo. Ronson decide, entonces, ahondar un poco más en el tema y ver qué hay de cierto y qué de mera especulación en las diagnósticos de locura que tan felizmente se prescriben en el mundo entero. Ronson tiene una suerte de epifanía cuando conoce a Robert Hare, un prestigioso psicólogo que desarrolló el test estándar que diagnostica la psicopatía. Jon aprende de Hare a descubrir a estos psicópatas y, armado con su nueva habilidad de cazador de locos, se adentra por los pasillos del poder y comienza a especular y a poner en tela de juicio la salud mental de amigos y conocidos para concluir que, o todos estamos un poco locos, o las definiciones sobre qué es locura deberían revisarse... Opiniones: «Jon Ronson nos relata, con el estilo irónico que lo caracteriza, una investigación sobre la locura#, unas veces intrigante, otras inquietante, y siempre absorbente.» The Bookseller («Bookseller's Choice») «Ronson nos divierte tanto como siempre, pero también aborda cuestiones importantes sobre cómo definimos la normalidad. Me encanta su habilidad para incitarnos a reflexionar sobre temas muy serios invitándonos a compartir su propia perplejidad.» The Bookseller

Psychopath. The word conjurs up images of serial killers, rapists, suicide bombers, gangsters. But think again: you could probably benefit from being a little more psychopathic yourself. Psychologist Kevin Dutton has made a speciality of psychopathy, and is on first-name terms with many notorious killers. But unlike those incarcerated psychopaths, and all those depicted in movies and crime fiction, most are not violent, he explains. In fact, says Prof Dutton, they have a lot of good things going for them. Psychopaths are fearless, confident, charismatic and focused--qualities tailor-made for success in today's society. The Wisdom of Psychopaths is an intellectual rollercoaster ride that combines lightning-hot science with unprecedented access to secret monasteries, Special Forces training camps, and high-

security hospitals. In it, you will meet serial killers, war heroes, financiers, movie stars and attorneys--and discover that beneath the hype and popular characterization, psychopaths have something to teach us. Like the knobs on a mixing deck, psychopathy is graded. And finding the right combination of psychopathic traits, sampled and mixed at carefully calibrated volumes, can put us ahead of the game.

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

Think and Grow Rich - Napoleon Hill - The most famous of all teachers of success spent "a fortune and the better part of a lifetime of effort" to produce the "Law of Success" philosophy that forms the basis of his books and that is so powerfully summarized and explained for the general public in this book. In Think and Grow Rich, Hill draws on stories of Andrew Carnegie, Thomas Edison, Henry Ford, and other millionaires of his generation to illustrate his principles. This book will teach you the secrets that could bring you a fortune. It will show you not only what to do but how to do it. Once you learn and apply the simple, basic techniques revealed here, you will have mastered the secret of true and lasting success. Money and material things are essential for freedom of body and mind, but there are some who will feel that the greatest of all riches can be evaluated only in terms of lasting friendships, loving family relationships, understanding between business associates, and introspective harmony which brings one true peace of mind! All who read, understand, and apply this philosophy will be better prepared to attract and enjoy these spiritual values.

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